

## THE 80 KRONER RULE

As an au pair you earn paid holiday which you can use from the beginning of your au pair stay.

It is a well known rule that au pairs are entitled to free room and board. Lesser known is the rule that the right to board/meals also applies in cases when the au pair is away on earned holiday. In these cases, the host family must instead pay the au pair a food allowance of DKK 80,- per day covering the cost of the au pairs' daily meals. This allowance is paid in addition to the au pairs normal allowance.

## WHEN DOES THE RULE APPLY?

Au pairs are entitled to food allowance when he/she is away on holiday that counts as part of his/her earned paid holidays. Danish public holidays and weekly days off does **not** count as part of earned holidays and au pairs are therefore not entitled to food allowance.

## GOT QUESTIONS?

Contact Au Pair Network's counsellors to inquire about your rights:

**FACEBOOK: AU PAIR NETWORK**

**E-MAIL: INFO@AUPAIRNETWORK.DK**

**PHONE: +45 46 97 38 80, MON, WED, FRI 11.00-15.00**

## WHAT THE LAW STATES ACCORDING TO HOLIDAY AND FOOD ALLOWANCE

Excerpt from the Danish Holiday Act Chapter 1, Paragraph 2a, Article 8\*:

Pay is understood as the allowance which the au pair receives from the family and the value of meals. The holiday must be agreed upon in writing.

\*This is a translation from the Danish original by Au Pair Network

Source: LBK no. 1177 of 09/10/2015 on Retsinformation.dk

The value of meals is calculated by the Danish Tax Agency. In 2020, the value of board (three daily meals) was set to DKK 80,- per day.

For the current amount, see the standard rates for room and board on [www.skat.dk](http://www.skat.dk)